



SUPPORTING PEOPLE WITH

EATING DISORDERS

ACROSS THE SOUTH & WEST



Remember **SWEDA** in your will
to support people affected by eating disorders
in the South & West for years to come

Contact deborahxavier@swedauk.org
for more information

swedauk.org

Why leave a gift in your will?

Once you have taken care of your loved ones in your will, a legacy in favour of a registered charity reduces the inheritance tax payable on your estate, meaning that your generosity can directly benefit future service users. By letting us know that you intend to leave a gift for us in your will, you can also help SWEDA plan confidently for the future.

Long standing supporter and previous Chair of SWEDA Brian Roberts-Wray shares why he has left SWEDA a gift in his will:

“I first met SWEDA when they supported my family. I want to support the future work of SWEDA, so I have left a gift to them in my will (along with a few other charities who mean a lot to me). A gift in your Will is a relatively 'painless' way of showing your support of SWEDA, and for that reason increasing numbers of "cash poor, asset rich" supporters choose this method of helping charities they care about.

Legacies don't have to be huge, but making provision for a charity you care about in your will now can mean a brighter future for someone else, and that is good to know.”



How your gift could help

SWEDA provides expert-led support which reflects individual needs – help which is often difficult to access. We are the only charity in the South & West to provide preventative and recovery focused support.

As demand for eating disorder services continues to grow, we need to ensure that we can provide and expand our support to meet the region's needs, now and in the future.

Gifts are used to fund our core support services – such as our expert-led counselling services, support groups, and educational outreach – which are an invaluable resource to our clients. Leaving an unrestricted legacy ensures the greatest impact, as your generosity can be used where it is most needed in our service.



You're leaving a gift that can change a life

“SWEDA was my lifeline. Every session was a chance for me to be my true self and explain my thoughts and feeling around my eating disorder.

I now have a range of coping strategies to help me control my eating disorder that I've been suffering with for many years and nearly cost me my life.

I see now that there is hope for my future without my eating disorder being in control of me.”

SWEDA Client

How to leave a lasting legacy

A solicitor or legal advisor can give you detailed information about what kind of legacy bequest works for you.

SWEDA has partnered up with **Lyons Bowe** Solicitors who can offer their clear and user-friendly will writing service at a **discounted rate for donors who name SWEDA in their Will.**

This means that Lyons Bowe will apply a 50% discount for SWEDA legacy supporters, meaning you would pay only £125 (plus VAT) for a single Will and £175 (plus VAT) for a mirror will.

For further information about this convenient service visit the Lyons Bowe website: lyonsbowe.co.uk



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If you have any further questions or comments, please do not hesitate to get in touch with us:

Email: deborahxavier@swedauk.org

Post: **SWEDA, The Coach House, Harvest Court, Shepton Mallet, Somerset, BA4 5BS**

If you are thinking of remembering SWEDA in your will, we would be very grateful to hear from you so that we can thank you personally for your generosity, as well as factor your bequest into our planning.

Thank you from



UK Registered Charity 1056441

Photos by Alice Florrie